



**ANTIGUA
SAILING
WEEK 2016**
WHERE SAILING COMES FIRST



49th ANTIGUA SAILING WEEK
SAILING INSTRUCTIONS

Official ASW-branded
Gill gear completes the
Antigua Sailing Week
experience.



 ANTIGUA
SAILING
WEEK
Gill[®]
RESPECT THE ELEMENTS

Visit the Gill Merchandise Shop located in the Antigua Yacht Club car park
between 8 am and 6 pm or shop the entire collection online at

www.sailingweek.com

and pick up your purchase at the AYC shop location.

CONTENTS



**ANTIGUA
SAILING
WEEK 2016**

1.	RULES	2
2.	ADVERTISING	2
3.	NOTICES TO COMPETITORS	2
4.	RADIO COMMUNICATION	2
5.	SAFETY	3
6.	CHANGES TO SAILING INSTRUCTIONS	3
7.	SIGNALS MADE ASHORE	3
8.	SCHEDULE OF RACES	3
9.	CLASSES	4
10.	CLASS FLAGS AND IDENTIFICATION	4
11.	COURSES	4
12.	MARKS AND OBSTRUCTIONS	4
13.	THE START	5
14.	THE FINISH	5
15.	PENALTY SYSTEM	5
16.	TIME LIMITS	8
17.	PROTESTS AND REQUESTS FOR REDRESS	8
18.	SCORING	8
19.	EQUIPMENT AND MEASUREMENT CHECKS	8
20.	RESULTS AND PRIZES	9
21.	MEDIA RIGHTS	9
22.	DISCLAIMER OF LIABILITY AND RISK STATEMENT	9
23.	INSURANCE	9
	COURSE MAP	6-7
	APPENDIX 1 – MARK LOCATIONS	10
	APPENDIX 1 – ANTIGUA SAILING WEEK 2016 PRE-SET COURSES	11-12



**ANTIGUA
SAILING
WEEK 2016**

49th ANTIGUA SAILING WEEK SAILING INSTRUCTIONS

The Organising Authority is the Antigua Sailing Week Committee affiliated with the Antigua Sailing Association. The Regatta headquarters will be located at Antigua Yacht Club, Falmouth Harbour, Antigua.

Abbreviations: ASW – Antigua Sailing Week CSA – Caribbean Sailing Association
RRS – Racing Rules of Sailing

1. RULES

- 1.1 The Regatta will be governed by the rules as defined in the *World Sailing Racing Rules of Sailing 2013 – 2016*.
- 1.2 The Regatta will also be governed by:
 - (a) for boats in CSA classes, *the CSA Rating Rule*;
 - (b) for boats in Bareboat classes, *the Requirements for Bareboat Class*;
 - (c) for multihulls, *the CSA Multihull Rating Rule*;
 - (d) for all boats, *the ASW Minimum Safety Rules*.
- 1.3 RRS 52, Manual Power, is deleted.
- 1.4 RRS 55, Trash Disposal, shall be changed by adding the following sentence to the rule: 'However, discarding biodegradable, environmentally friendly bands when setting a sail is permitted.'
- 1.5 For Multihull classes, ASW Minimum Safety Rule #2 with respect to lifelines shall not apply.

2. ADVERTISING

- 2.1 Boats may be required to display advertising chosen and supplied by the Organising Authority as permitted by World Sailing Regulation 20.

3. NOTICES TO COMPETITORS

- 3.1 All notices to competitors will be posted on the Official Notice Board located near the Committee Desk at Antigua Yacht Club.

4. RADIO COMMUNICATION

- 4.1 It is the intention of the Race Committee to communicate regularly with competitors using the designated VHF channels. Initial communications will commence approximately 60 minutes before the first warning signal of the day.

- 4.2 Committee Boat A will stand by on VHF Channel 17. Committee Boat B will stand by on VHF Channel 77.
- 4.3 Failure of a boat to hear any notification on the VHF radio will not be grounds for redress. This changes RRS 62.1(a).

5. SAFETY

- 5.1 No boat shall race with an anchor overhanging the bow. However, written application may be made to the Race Committee for exemption from this requirement and the associated portion of ASW Safety Rule #6 which may, in its sole discretion, grant exemption.
- 5.2 A boat that retires shall attempt to notify the Race Committee as soon as possible by calling the appropriate Committee Boat on the applicable VHF channel, and shall use its best efforts to receive an acknowledgement.

6. CHANGES TO SAILING INSTRUCTIONS

- 6.1 Any change to these Sailing Instructions will be posted on the Official Notice Board at Antigua Yacht Club before 8:00 am on the day it will take effect, except that any change to the schedule of races will be posted by 5:00 pm on the day before it will take effect.

7. SIGNALS MADE ASHORE

- 7.1 Signals made ashore will be displayed from a flag staff on the lawn at Antigua Yacht Club.

8. SCHEDULE OF RACES

- 8.1 Racing shall take place on:
 - Sunday, April 24;
 - Monday, April 25;
 - Tuesday, April 26;
 - Thursday, April 28; and
 - Friday, April 29.
- 8.2 Up to nine (9) races may be sailed.
- 8.3 A minimum of one (1) race shall be scheduled for all classes on each day of racing.
- 8.4 The earliest warning signal for the first race each day will be 10:00 am.
- 8.5 Committee Boat A will be stationed at the Windward start area for the first race of each of Sunday, April 24, Tuesday, April 26 and Friday, April 29, 2016. For the first race of each of Monday, April 25 and Thursday, April 28, Committee Boat A will be stationed at the Rendezvous start area.
- 8.6 Committee Boat B will be stationed at the Rendezvous start area for the first race of each of Sunday, April 24, Tuesday, April 26 and Friday, April 29, 2016. For the first race of each of Monday, April 25 and Thursday, April 28, Committee Boat B will be stationed at the Windward start area.

9. CLASSES

- 9.1 Classes will be divided by type of boat and/or time correction factor (TCF) at the sole discretion of the Race Committee which may decide that in certain classes boats must sail with their spinnaker rating.
- 9.2 Each class will be assigned to either Committee Boat A or Committee Boat B for the duration of the Regatta. A list of classes, class flags, starting order for the 1st race of each day and the Committee Boat to which classes are assigned will be posted on the official notice board by 5:00 pm on Saturday, April 23.
- 9.3 Boats must declare their intended sail configuration at Registration which must not be changed after Noon on Saturday, April 23, 2016 for the duration of the Regatta. This also applies to boats with alternate headsail ratings.

10. CLASS FLAGS AND IDENTIFICATION

- 10.1 Class flags will be issued to each boat at Registration.
- 10.2 Class flags must be flown from the backstay or, if that is not possible, from another prominent position on the boat.
- 10.3 All boats with sail numbers must display them while racing and will not be required to display tie-on identification numbers. Sail numbers must be provided at Registration.
- 10.4 All boats without sail numbers will be provided with identification numbers at Registration which shall be clearly displayed on both sides of the forward and aft lifelines of the boat at all times during the Regatta. Alleged violation of this Sailing Instruction shall not be grounds for protest by another boat. This changes RRS 60.1.

11. COURSES

- 11.1 Appendix 1 to these Sailing Instructions shows:
 - (a) the mark identification digit(s), descriptions and approximate locations of the marks;
 - (b) the descriptions of pre-set courses including the marks to be rounded, the order in which they are to be rounded, and the side on which each mark is to be left.
- 11.2 The course to be sailed for each race for each class will be either a pre-set course or it will be a number of marks described using the mark identification digit(s) listed in Appendix 1 and announced by VHF before the warning signal for that class.

12. MARKS AND OBSTRUCTIONS

- 12.1 The starting marks will be a Committee Boat and an orange inflatable buoy.
- 12.2 The finishing marks will be a Committee Boat and the last mark of the course.
- 12.3 Marks RF and WF will be yellow inflatable buoys.
- 12.4 All other marks of the course will be orange inflatable buoys except that the Shirley South (SS) mark and the Carlisle (Z) mark will be yellow inflatable buoys. Some marks may display advertising.

- 12.5 Mark locations, approximate GPS coordinates and designated identifying digits are as described in Appendix 1 to these Sailing Instructions.
- 12.6 While racing no boat shall sail to the north of any part of Cades Reef.

13. THE START

- 13.1 The location of the starting line for all races will be as described in Appendix 1 to these Sailing Instructions.
- 13.2 An orange flag (attention signal) will be displayed with one (1) sound signal at least five (5) minutes before the warning signal of a starting sequence for the first class.
- 13.3 The starting line will be between a staff on the Committee Boat displaying an orange flag and a nearby orange inflatable buoy.
- 13.4 Boats whose warning signal has not been made shall keep clear of boats racing. Alleged violation of this Sailing Instruction will only be grounds for protest by the Race Committee. This changes RRS 60.1 and RRS 62.1.
- 13.5 A boat starting later than ten (10) minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4 and RRS A5.

14. THE FINISH

- 14.1 The finishing line will be between a staff displaying a blue flag on the Committee Boat and a nearby finishing mark.
- 14.2 If the Race Committee intends to start an additional race it will display the Second Substitute flag with no sound signal while boats are finishing. The second race of the day for each class may be started as soon as possible after all boats in a class have finished the first race. Start times and location of the start for the second race of a day will be announced on the designated VHF channel for each Committee Boat.

15. PENALTY SYSTEM

- 15.1 For all classes, RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 15.2 The penalty, if any, for breaches of the RRS other than Parts 1 and 2 shall be at the sole discretion of the International Jury. This changes RRS 44.3(c), RRS 64.1 and RRS A4.2.
- 15.3 A boat that does not take a penalty in accordance with RRS 44.1 and RRS 44.2 may accept a forty per cent (40%) scoring penalty before the protest hearing at the discretion of the International Jury. However, RRS 4.1(a) and (b) apply. This changes RRS 44.3(c) and RRS A4.2.

Sailing Instructions continued on page 8



**ANTIGUA
SAILING
WEEK 2016**



Willoughby Bay

Hudson Point

Falmouth Harbour

English Harbour

Standfast Point

● Willoughby

Proctors Point

IndianCreek Point

**WINDWARD
START | FINISH**

● Shirley

● Shirley South

● Standfast

● Half Moon

16. TIME LIMITS

- 16.1 The time limit for all classes on each day will be 5:00 pm except that on Friday, April 29, the time limit will be 4:00 pm.
- 16.2 For classes having more than one (1) race in a day, the time limit for the first race of the day will be one (1) hour after the first boat in the class finishes.
- 16.3 Boats failing to finish by the time limit will be scored Time Limit Expired (TLE) without a hearing. This changes RRS 35, RRS 63.1 and RRS A5.

17. PROTESTS AND REQUESTS FOR REDRESS

- 17.1 A boat that intends to protest shall endeavor to notify the Committee Boat after finishing on its designated VHF channel.
- 17.2 The protest time limit will be one (1) hour after the Committee Boat for the protesting boat docks.
- 17.3 The time limit for filing a written request for a hearing under RRS N1.4(b) is thirty (30) minutes after a party has been notified of the panel's decision.
- 17.4 On the last day of racing a request for redress based on the International Jury's decision shall be filed no later than thirty (30) minutes after a party has been notified of the International Jury's decision. This changes RRS 62.2.
- 17.5 Notices informing competitors of the place and approximate time of each protest hearing will be posted on the Protest Board adjacent to the Protest Desk and hearings will commence as soon as possible after these notices have been displayed.
- 17.6 For protests involving an alleged breach of a rule in RRS Part 2, an arbitration hearing may be offered prior to a jury hearing. This changes RRS Part 5, Section B. Rules for arbitration will be posted at the Protest Desk.
- 17.7 Except as allowed in section 2.2 of the CSA Rating Rule, no measurement or rating protest will be accepted after 5:00 pm on Tuesday, April 26, 2016.

18. SCORING

- 18.1 Boats scored TLE under Sailing Instruction 16 will be scored for the position two (2) places more than the number of boats that finished, though not worse than DNF. This changes RRS A4.2.
- 18.2 A boat's series score will be:
 - (a) when fewer than six (6) races have been completed, the total of her race scores;
 - (b) when six (6) or more races have been completed, the total of her race scores excluding her worst score.
- 18.3 For all classes one (1) race must be completed to constitute a series.
- 18.4 Application of handicaps will be made on a time-on-time basis.

19. EQUIPMENT AND MEASUREMENT CHECKS

- 19.1 A boat or equipment may be inspected at any time, including on the water, for compliance with the CSA Rating Rule, the ASW Minimum Safety Rules and these Sailing Instructions.

20. RESULTS AND PRIZES

- 20.1 Results will be posted on the results boards at Antigua Yacht Club and at www.sailingweek.com as soon as possible after each race. Results may also be posted on large screen TVs in bars and restaurants throughout the English and Falmouth Harbour areas.
- 20.2 Details of overall Regatta prizes will be included in the Registration package.
- 20.3 There will be a daily prize-giving held at Antigua Yacht Club at 5:00 pm on each day of racing, except that on Friday, April 29 it will be held at 4:00 pm.
- 20.4 All overall Regatta prizes will be presented at the final awards presentation to be held in Nelson's Dockyard at approximately 7:00 pm on Friday, April 29, 2016.

21. MEDIA RIGHTS

- 21.1 By participating in this event, competitors grant to the Organising Authority and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio, and video recordings, and other production of them and/or their boat made at the venue or on the water from the time of their arrival at the venue until their final departure, without compensation.

22. DISCLAIMER OF LIABILITY AND RISK STATEMENT

- 22.1 RRS 4 states: 'The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.' Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in ASW, each competitor agrees and acknowledges that:
- (a) they are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk while taking part in ASW;
 - (b) they are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
 - (c) they accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
 - (d) their boat is in good order, equipped to sail in ASW and they are fit to participate; and
 - (e) the provision of a race management team, support boats, judges and other officials and volunteers by the Organising Authority does not relieve them of their own responsibilities.

23. INSURANCE

- 23.1 Boats are strongly advised to hold Third Party Liability Insurance valid for the duration of the Regatta.

Appendix 1

MARK LOCATIONS

ID	NAME	APPROXIMATE POSITION	GPS COORDINATES
B	BLUFF	250°M 0.3 NM from Curtain Bluff	17° 00.57' N 61° 50.93' W
O	BOGGY	210°M 2.8 NM from Boggy Peak	17° 00.00' N 61° 52.40' W
Z	CARLISLE	180°M 0.28 NM from Old Road Bluff	17° 00.00' N 61° 49.85' W
C	CAT	195°M 0.7 NM from Proctors Point	16° 59.75' N 61° 47.10' W
R	CURTAINS	212°M 1.5 NM from Johnsons Point	17° 00.20' N 61° 53.80' W
M	HALF MOON	152°M 4.0 NM from Hudson Point	16° 59.10' N 61° 38.70' W
L	LEGACY	215°M 0.8 NM from Curtain Bluff	17° 00.00' N 61° 50.90' W
J	OLD ROAD	195°M 1.5 NM from of Old Road Bluff	16° 58.80' N 61° 50.00' W
S	SHIRLEY	195°M 0.4 NM from Indian Creek Point	16° 59.70' N 61° 44.20' W
SS	SHIRLEY SOUTH	195°M 1.2 NM from Indian Creek Point	16° 59.00' N 61° 44.20' W
N	STANDFAST	190°M 3.0 NM from Hudson Point	16° 59.00' N 61° 41.20' W
T	TUNA	195°M 0.4 NM from Proctors Point	17° 00.01' N 61° 47.10' W
W	WILLOUGHBY	240°M 1.3 NM from Hudson Point	17° 01.00' N 61° 42.40' W
A	ALPHA	Distance and bearing or GPS coordinates to be announced.	
D	DELTA	Distance and bearing or GPS coordinates to be announced.	

Note: GPS coordinates are approximate.

START/FINISH AREAS

WINDWARD East of Falmouth Harbour
 RENDEZVOUS West of Falmouth Harbour

#01 - 7.3 NM

RENDEZVOUS START

T	Tuna	S
C	Cat	S
J	Old Road	S
Z	Carlisle	S

RF - Rendezvous Finish

#02 - 9.6 NM

RENDEZVOUS START

T	Tuna	S
C	Cat	S
Z	Carlisle	P
J	Old Road	S
L	Legacy	S

RF - Rendezvous Finish

#03 - 11 NM

RENDEZVOUS START

T	Tuna	S
C	Cat	S
B	Bluff	P
L	Legacy	P
T	Tuna	S
C	Cat	S

RF - Rendezvous Finish

#04 - 12.1 NM

RENDEZVOUS START

T	Tuna	S
C	Cat	S
Z	Carlisle	P
J	Old Road	S
O	Boggy	S

RF - Rendezvous Finish

#05 - 13.6 NM

RENDEZVOUS START

T	Tuna	S
C	Cat	S
Z	Carlisle	P
J	Old Road	S
B	Bluff	P
L	Legacy	S
O	Boggy	S

RF - Rendezvous Finish

#06 - 14.9 NM

RENDEZVOUS START

T	Tuna	S
C	Cat	S
Z	Carlisle	P
J	Old Road	S
R	Curtains	S

RF - Rendezvous Finish

#07 - 16.2 NM

RENDEZVOUS START

T	Tuna	S
C	Cat	S
B	Bluff	P
L	Legacy	P
S	Shirley	S

RF - Rendezvous Finish

#08 - 17.6 NM

RENDEZVOUS START

T	Tuna	S
C	Cat	S
J	Old Road	S
B	Bluff	P
L	Legacy	S
O	Boggy	S
Z	Carlisle	S
O	Boggy	S

RF - Rendezvous Finish

#09 - 19.8 NM

RENDEZVOUS START

T	Tuna	S
C	Cat	S
Z	Carlisle	P
J	Old Road	S
O	Boggy	S
T	Tuna	S
C	Cat	S
L	Legacy	S

RF - Rendezvous Finish

#10 - 22.3 NM

RENDEZVOUS START

T	Tuna	S
C	Cat	S
B	Bluff	P
L	Legacy	P
N	Standfast	S

RF - Rendezvous Finish

#11 - 23 NM

RENDEZVOUS START

T	Tuna	S
C	Cat	S
J	Old Road	S
B	Bluff	P
L	Legacy	S
R	Curtains	S
Z	Carlisle	S
R	Curtains	S

RF - Rendezvous Finish



**ANTIGUA
SAILING
WEEK 2016**

Antigua Sailing Week 2016 PRE-SET COURSES CONT.

#12 - 10.7 NM

WINDWARD START

S : Shirley : S
Z : Carlisle : S

WF - Windward Finish

#13 - 11.3 NM

WINDWARD START

S : Shirley : S
J : Old Road : S

WF - Windward Finish

#14 - 12.3 NM

WINDWARD START

N : Standfast : P
W : Willoughby : P

WF - Windward Finish

#15 - 15.5 NM

WINDWARD START

W : Willoughby : S
SS : Shirley South : S
Z : Carlisle : S

WF - Windward Finish

#16 - 16.3 NM

WINDWARD START

M : Half Moon : P
W : Willoughby : P

WF - Windward Finish

#17 - 16.7 NM

WINDWARD START

N : Standfast : S
Z : Carlisle : S

WF - Windward Finish

#18 - 21.7 NM

WINDWARD START

N : Standfast : S
O : Bogy : S

WF - Windward Finish

#19 - 24 NM

WINDWARD START

N : Standfast : P
W : Willoughby : P
S : Shirley : P
M : Half Moon : P
W : Willoughby : P

WF - Windward Finish

#20 - 26.4 NM

WINDWARD START

M : Half Moon : P
S : Shirley : P
M : Half Moon : P

WF - Windward Finish

#21 - 28 NM

WINDWARD START

M : Half Moon : P
W : Willoughby : P
S : Shirley : P
M : Half Moon : P
W : Willoughby : P

WF - Windward Finish

**Have a safe, fun,
clean regatta!**

Be sure to start making
plans to join us for the
HUGE 50th Edition

APRIL 29 – MAY 5



SAILORS SHUTTLE SCHEDULE

April 22 - 29, 2016

DATE	AM	PM
Fri 22	9am – 6pm	4pm – 1am
Sat 23	9am – 6pm	
Sun 24	7:30am – 9am	3pm – 10pm
Mon 25	7:30am – 9am	3pm – 10pm
Tues 26	7:30am – 9am	3pm – 6pm
		6pm – 1am
Wed 27	11am – 10pm	
Thu 28	7:30am – 9am	3pm – 6pm
Fri 29	7:30am – 9am	2pm – 7pm

Regatta Early Bird

Between Nelson's Dockyard and Antigua Yacht Club.

MARINA ROUTE

Circular between Nelson's Dockyard, Antigua Yacht Club and Falmouth Harbour Marina.

Park and Ride

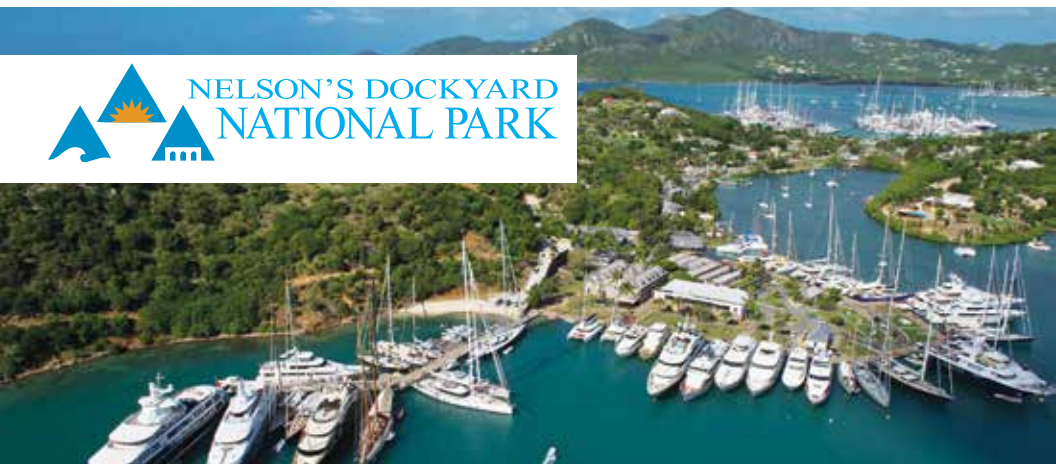
From Marsh Village dropping off at marinas along the way.

Pigeon Express

From Nelson's Dockyard & Antigua Yacht Club to Pigeon Point Beach.



NELSON'S DOCKYARD
NATIONAL PARK



STEP BACK IN TIME *and* EXPLORE



Museum & Visitor's Centre
Friendly Knowledgeable Tour Guides
Beautiful Beaches & Nature Trails

Countless Military Fortifications
Breathtaking views & Photographic Panoramas
Marinas, Gift Shops, Restaurants, Cafes & Bars

Tel: (268) 481-5021 / 5022 • Fax: (268) 481-5030

Email: info@nationalparks.com

Nelson's Dockyard National Parks, P.O. Box 1283

www.nationalparksantigua.com



*Antigua's Premier
Mega Yacht Marina*

Friendly and personalized service is guaranteed

Falmouth Harbour
www.antigua-marina.com
falmar@candw.ag
+1 (268) 460-6054